

## POKE BOWLS & SALADS

- Sentido Poke Bowl 🌱 7 🍷 \_\_\_\_\_ 10,5€  
Abacate, cenoura, couve roxa, favas miúdas, cogumelos salteados  
Avocado, carrot, red cabbage, broad beans, sautéed mushrooms  
Avocado, Karotte, Rotkohl, dicke Bohnen, gebratene Pilze
- Poke Bowl do Dia | Daily Poke Bowl | Tägliche Poke-Schale 🌱 1|2|3|4|7|10|14 \_\_\_\_\_ 11€
- Salada Cesar de frango 🌱 1|7|10 \_\_\_\_\_ 13€  
Chicken Ceasar Salad  
Salat mit gegrilltem Hähnchen
- Salada de atum com anchovas, azeitonas, ovos, tomate, cebola, batata 🌱 3|4 \_\_\_\_\_ 11€  
Tuna salad with anchovy, olives, eggs, tomato, onion, potato  
Thunfisch Salat mit Anchovis, Oliven, Eiern, Tomaten, Zwiebeln, Kartoffeln

## PRATOS VEGETARIANOS | VEGETARIAN DISHES | VEGETARISCHE GERICHTE

- Esparguete com molho de pesto, rúcula, tomate cherry 🌱 1|3|7|8 \_\_\_\_\_ 10,5€  
Spaghetti with pesto sauce, rucula, cherry tomato  
Spaghetti mit Pestosauce, Rucula, Cherry-Tomaten
- Wrap com vegetais regionais, molho pesto, batata frita caseira 🌱 1|3|7|8 \_\_\_\_\_ 7,5€  
Vegan wrap with regional vegetables, pesto sauce, homemade French fries  
Veganer Wrap mit regionalem Gemüse, Pestosauce, hausgemachten Pommes Frites
- Lasanha de vegetais com queijo mozzarella, chutney de ananás 🌱 1|3|7 \_\_\_\_\_ 11€  
Vegetable lasagne with mozzarella cheese, pineapple chutney  
Gemüselasagne mit Mozzarellakäse, Ananas-Chutney
- \*Pinsa Anti Pasti
- Beringela, pimentão, cebola vermelha, cogumelos. molho de tomate 🌱 1|7|12 \_\_\_\_\_ 9,5€  
Aubergine, bell pepper, red onions, mushrooms and tomato sauce  
Aubergine, Paprika, roter Zwiebeln, Champignons, Tomatensauce

## SNACKS

- Prego 🌱 1|3|7 \_\_\_\_\_ 11€  
Bolo do caco, carne de vaca, fiambre, queijo, alface, tomate, ovo frito, batata frita caseira\*\*  
Minute steak in "Bolo do Caco" bread, ham, cheese, lettuce, tomato, fried egg, homemade french fries\*\*  
Minute Steak im "Bolo do Caco" Brot, Salat, Käse, Schinken, Tomaten, Spiegelei, hausgemachten Pommes Frites\*\*
- "Galo Burger" 🌱 1|3|7|10 \_\_\_\_\_ 12,5€  
Carne de vaca, tomate, alface, bacon, cebola, queijo, batata frita caseira\*\*  
Hamburger, tomato, lettuce, bacon, onion, cheese and homemade french fries\*\*  
Hamburger, Tomate, Kopfsalat, Bacon, Zwiebel, Käse, hausgemachten Pommes Frites\*\*
- Kebab de carne de vaca com salada de couve branca, cebola, molho tzatziki 🌱 3|7 \_\_\_\_\_ 12,5€  
Beef Kebab with Tzaziki sauce, white cabbage, onion salad  
Rindfleisch Kebab mit Tzaziki sauce, Weisskraut-Zwiebel Salat

\*\*Batata doce frita | \*\*Sweet potato fries | \*\*Pommes frites von der Süsskartoffel +1,5€



Wrap de frango grelhado com cebola, molho Ceaser, batata frita caseira 🌿 1|3|7|10 \_\_\_\_\_ 9,5€  
Grilled chicken wrap with onions, Ceaser dressing and homemade french fries  
Wrap mit gegrilltem Hähnchenfilet, Ceaser Dressing, hausgemachten Pommes  
Frites

Nachos com molho guacamole e de queijo 🌿 1|7 \_\_\_\_\_ 10€  
Nachos with Guacamole and cheese sauce dips  
Nachos mit Guacamole und Käsesauce dips

\*Pinsa de presunto Prosciutto com molho de tomate, rúcula e mozzarella 🌿 1|7 \_\_\_\_\_ 10€  
Pinsa with Prosciutto ham, tomato sauce, mozzarella and rucula  
Pinsa mit Prosciutto Schinken, Tomaten Sauce, Mozzarella and Rucula

Dose de batata frita caseira \_\_\_\_\_ 3,5€  
Homemade french fries  
Hausgemachte Pommes Frites

Batata-doce frita \_\_\_\_\_ 4,5€  
Sweet potato fries  
Süßkartoffeln Pommes Frites

## SOBREMESAS | DESSERTS | NACHSPEISEN

Panna Cotta de baunilha com frutos vermelhos 🌿 6 🍷 \_\_\_\_\_ 6,5€  
Vanilla panna cotta with red berries  
Vanille Panna Cotta mit roten Beeren

Fruta fresca | Fresh Fruits | Frisches Obst \_\_\_\_\_ 4,5€

Creme brulée flambeado com conhaque 🌿 3|7 \_\_\_\_\_ 6,5€  
Crème Brulée flambé with cognac  
Crème Brulée flambiert mit Cognac

\*A pinsa é confeccionada com 3 tipos de farinhas, que lhe conferem uma massa leve, crocante e de fácil digestão  
Pinsa is made with 3 types of flour, which gives it a light, crunchy and highly digestible dough  
Die Pinsa wird aus 3 verschiedenen Mehlsorten hergestellt, was ihr einen leichten, knusprigen und sehr bekömmlichen  
Teig verleiht

## 🌿 ALERGÉNIOS | ALLERGENS | ALLERGENE

1 Glúten | Gluten | Glutenhaltig

2 Crustáceos | Crustaceans | Krustentiere

3 Ovos | Eggs | Eier

4 Peixe | Fish | Fisch

5 Amendoins | Peanuts | Erdnüsse

6 Soja | Soybeans | Sojabohnen

7 Leite | Milk | Milch

8 Frutos casca rija | Nuts | Schalenfrüchte

9 Aipo | Celery | Sellerie

10 Mostarda | Mustard | Senf

11 Sementes sésamo | Sesame | Sesam

12 Sulfitos | Sulphites | Sulphite

13 Tremoço | Lupini | Lupinen

14 Moluscos | Molluscs | Mollusken

🍷 Vegetariano | Vegetarian | Vegetarisch

Preços com IVA incluído | Prices include VAT | Preisangaben inkl. MwSt





## BEBIDAS | DRINKS | GETRÄNKE

### SUMOS NATURAIS FRESH JUICE | NATÜRLICHEN SÄFTE

Sumos naturais com fruta da época  
Fresh juice with seasonal fruit  
Naturesäfte mit Früchten der Saison \_\_\_\_\_ 5€

### COCKTAILS

Caipirinha \_\_\_\_\_ 8€  
Cachaça, lima e açúcar  
Brazilian rum, lime and sugar  
Brasilianischer Schnaps, Limette und Zucker

Piña Colada \_\_\_\_\_ 8€  
Rum branco, xarope de côco, sumo de ananás  
White rum, coconut syrup, pineapple juice and pineapple  
Weisser Rum, Kokosnusssirup, Ananassaft und Ananasfrucht

Mojito \_\_\_\_\_ 7€  
Rum, Sumo de lima, Açúcar, Hortelã, Água c/Gás  
Rum, Lime Juice, Sugar, Mint, Sparkling Water  
Rum, Limettensaft, Zucker, Minze, Mineralwasser

### COCKTAILS SEM ÂLCOOL | ALCOHOL FREE | ALKOHOLFREIE

Virgin Colada \_\_\_\_\_ 6€  
Xarope de côco, sumo de ananás e ananás  
Coconut Syrup, pineapple juice and pineapple  
Kokosnusssirup, Ananassaft mit Ananasfrucht

Lovers Dream \_\_\_\_\_ 6€  
Sumo de laranja, sumo ananás, sumo de lima e grenadine  
Orange juice, pineapple juice, lime juice and grenadine  
Orangensaft, Ananassaft, Limonensaft und Granatapfelsirup

### MADEIRA SPECIAL

Poncha \_\_\_\_\_ 4,5€  
Tradicional - Limão | Lemon | Zitrone  
Regional - Limão & Laranja | Lemon & Orange | Zitron & Orange  
Maracujá | Passion Fruit | Passionsfrucht

### VINHO MADEIRA & VINHO PORTO MADEIRA WINE & PORTO WINE MADEIRA WEIN & PORTWEIN

Doce, meio doce, meio seco e seco  
Sweet, medium sweet, medium dry and dry  
Süss, halb süß, halb trocken und trocken

5 Anos | Years | Jahre \_\_\_\_\_ 4,5€  
10 Anos | Years | Jahre \_\_\_\_\_ 5,5€

### VERMOUTH & BITTERS

Campari / Ramazzotti \_\_\_\_\_ 5,5€  
Vermouth (Bianco, Rosso, Dry) \_\_\_\_\_ 4,5€  
Aperol Spritz \_\_\_\_\_ 6,5€

### ESPIRITUOSOS | SPIRITS | SPIRITUOSEN

Smirnoff \_\_\_\_\_ 5,5€  
Tequila \_\_\_\_\_ 5€  
Bacardi \_\_\_\_\_ 5,5€





## BEBIDAS | DRINKS | GETRÄNKE

### GIN

Fresh Bombay	11€
Gin Bombay Sapphire, Laranja, Hortelã e Água Tônica	
Bombay Sapphire Gin, Orange, Mint and Tonic Water	
Bombay Sapphire Gin, Oranje, Minze und Tonic Wasser	
Madeira Cannings	14,5€
Gin Canning's, Lima, Zimbros, Gengibre, Água Tônica	
Canning's Gin, Lime, Juniper, Ginger, Tonic Water	
Canning's Gin, Limette, Wacholder, Tonic Wasser	

### AGUARDENTES | BRANDY

970	5,5€
"Branquinha" (Weinbrand)	4€
CRF	6€
Macieira	4€
Madeira Rum William Hinton 6 Anos   Years   Jahre	8€

### WHISKY

Red Label / J&B	5€
Jameson	6,5€
Black Label	7€

### SANGRIAS

Branco	Tinto	Rosé	Verde	Espumante
White	Red	Rose	Green	Sparkling
Weiss	Rot	Rose	Grüner	Sekt
50cl	10€			
100cl	17€			

### CERVEJA | BEER | BIER

Imperial/ Shandy 20cl / 30cl / 50cl	2€ / 2,7€ / 3,7€
Garrafa / Bottle / Flasche	3€
Cerveja s/álcool / Alcohol Free Beer / Alkoholfrel Bier	3€

### REFRIGERANTES, ÁGUAS E SUMOS SOFT DRINKS, WATER ALKOHOLFREIE GETRÄNKE, WASSER

Água mineral com ou sem gás 25cl / 75cl	2,2€ / 4€
Still or Sparkling Mineral Water	
Mineralwasser mit/ohne Kohlensäure	
Coca-Cola / Coca-Cola Zero	3,5€
Sprite / Fanta	3,5€
Brisa - Laranja   Maracujá   Maçã	3,5€
Brisa - Orange   Passion Fruit   Apple	
Brisa - Orange   Passionsfrucht   Apfel	
Água Tônica   Tonic Water   Tonic Wasser	3,5€
Ginger Ale	3,5€

### CAFÉS | COFFEE | KAFFEE

Expresso ou garoto	1,8€
Expresso or/oder Macchiato	
Chinesa   Latte   Kaffee mit Milch	2,3€
Galão   Long latte   Großer Kaffee mit Milch	2,3€
Capuccino or Vianense Coffee	2,6€
Chino   Double espresso   Doppelter Espresso	2,5€
Chocolate quente   Hot Chocolate   Heiße Schokolade	2,5€
Irish Coffee	10€





## VINHO | WINE | WEIN MENU

### ESPUMANTE | SPARKLING WINE | SEKT

Montanha Grande Baga, branco | white | weiss \_\_\_\_\_ 32,5€  
Brut, Bairrada DOC 75cl  
Baga

Quinta Poço do Lobo (Caves S. João) \_\_\_\_\_ 25€  
Brut, Bairrada DOC 75cl  
Arinto, Chardonnay

Vinha D'Ervideira, branco | white | weiss \_\_\_\_\_ 25€  
Brut, Alentejo 75cl  
Antão Vaz, Perrum, Aragonês, Alfrocheiro

### CHAMPAGNE

Pommery Brut 37,5cl / 75cl \_\_\_\_\_ 52€ / 75€  
Chardonnay, Pinot Noir, Pinot Meunier

### MADEIRA

Barbusano, branco | white | weiss 75cl \_\_\_\_\_ 23€  
Verdelho

Barbusano Barricas, tinto | red | rot 75cl \_\_\_\_\_ 31€  
Touriga Nacional, Aragonês

Barbusano, rosé | rose 75cl \_\_\_\_\_ 22,5€  
100% Aragonês

Atlantis, rosé | rose 75cl \_\_\_\_\_ 19,5€  
Tinta Negra

### NOSSA SELEÇÃO DE VINHOS OUR WINE SELECTION UNSERE WEINAUSWAHL



Espumante Fita Azul Attitude \_\_\_\_\_ 4,5€ \_\_\_\_\_ 22€  
Brut/ branco | white | weiss  
Gouveio, Malvasia-Fina, Còdega, Arinto

Quinta da Lapa, tinto | red | rot \_\_\_\_\_ 4€ \_\_\_\_\_ 18€  
Touriga Nacional, Castelão, Syrah, Aragonês

Quinta da Lapa, branco | white | weiss \_\_\_\_\_ 4€ \_\_\_\_\_ 18€  
Fernão Pires, Arinto

Quinta da Lapa, rosé | rose \_\_\_\_\_ 4€ \_\_\_\_\_ 18,5€  
Merlot, Touriga Nacional

Mateus, rosé | rose \_\_\_\_\_ 4€ \_\_\_\_\_ 9€ \_\_\_\_\_ 18€  
Touriga Nacional

Casal García, verde | green | grün \_\_\_\_\_ 4€ \_\_\_\_\_ 8€ \_\_\_\_\_ 13€  
Trajadura

### VERDES | GREEN WINE | GRÜNER WEIN

Pequenos Rebentos 75cl \_\_\_\_\_ 24€  
Loureiro

Quinta da Lixa 75cl \_\_\_\_\_ 24€  
Alvarinho

Quinta de Linhares Colheita Seleccionada 75cl \_\_\_\_\_ 23€  
Alvarinho, Avesso





## DOURO

Lua Cheia, tinto | red | rot 75cl \_\_\_\_\_ 26€  
Vinhas Velhas

Lua Cheia, branco | white | weiss 75cl \_\_\_\_\_ 26€  
Vinhas Velhas com mais de 23 castas identificadas, dominadas pelo Viosinho  
Old Vines with more than 23 grape varieties identified, dominated by Viosinho  
Alte Reben mit mehr als 23 identifizierten Rebsorten, vor allem Viosinho

Van Zeller V.Z., tinto | red | rot 75cl \_\_\_\_\_ 38€  
Uma mistura de mais de 30 castas de diferentes parcelas  
situadas nos vales do Rio Torto e Rio Pinhão  
A blend of more than 30 grape varieties from different plots  
located in the Rio Torto and Rio Pinhão  
Eine Mischung aus mehreren Rebsorten (mehr als 30)  
aus verschiedenen Parzellen im Rio Torto und Rio Pinhão

## BAIRRADA

Positivo, tinto | red | rot 75cl \_\_\_\_\_ 20€  
Baga, Touriga Nacional, Tinta Roriz

Positivo, branco | white | weiss 75cl \_\_\_\_\_ 20€  
Maria Gomes, Bical

## DÃO

Evidência, tinto | red | rot 75cl \_\_\_\_\_ 22,5€  
Touriga Nacional

Evidência, branco | white | weiss 75cl \_\_\_\_\_ 22€  
Encruzado

## LISBOA

D. Fátima, branco | white | weiss 75cl \_\_\_\_\_ 34€  
Jampal



## TEJO

Encosta do Sobral, tinto | red | rot 37,5cl / 75cl \_\_\_\_\_ 11€ / 19,5€  
Touriga Nacional, Syrah, Cabernet Sauvignon

Encosta do Sobral, branco | white | weiss 37,5cl / 75cl \_\_\_\_\_ 10,5€ / 19€  
Fernão Pires, Arinto e Malvasia

## SETÚBAL

Bacalhoa, branco | white | weiss 75cl \_\_\_\_\_ 28€  
Chardonnay

Autocarro nº27, tinto | red | rot 75cl \_\_\_\_\_ 24,5€  
Touriga Nacional, Cabernet Sauvignon, Aragonez

Autocarro nº38, branco | white | weiss 75cl \_\_\_\_\_ 23€  
Arinto, Galego Dourado

Cavalo Maluco, tinto | red | rot 75cl \_\_\_\_\_ 45€  
Touriga Nacional, Touriga Franca, Petit Verdot

## ALENTEJO

Aldeia da Jurumenha Reserva Signature \_\_\_\_\_ 23€  
tinto | red | rot 75cl  
Syrah

Adega Mayor branco | white | weiss 75cl \_\_\_\_\_ 22€  
Verdelho

Nosso Terroir by Paulo Laureano, DOC \_\_\_\_\_ 24€  
tinto | red | rot 75cl  
Trincadeira, Aragonez e Alicante Bouschet

Nosso Terroir by Paulo Laureano, DOC \_\_\_\_\_ 24€  
branco | white | weiss 75cl  
Antão Vaz, Arinto e Fernão Pires

Preços com IVA incluído | Prices include VAT | Preisangaben inkl. MwSt

